

Your local instructor

Stella Swindells is a Registered Nurse, Midwife and Health Visitor with diverse NHS experience.

A qualified First Aid Instructor/Assessor training individuals, groups and organisations in First Aid and specialising in delivery of Paediatric First Aid for Early Years providers.



All First Aid Zone instructors delivering paediatric courses have paediatric experience; we believe this to be fundamental to deliver relevant, interesting and effective first aid training; a standard we are proud to achieve.



Our first aid courses cover the following topics:

- Planning for First Aid Emergencies
- Dealing with emergencies
- Infant/child/adult resuscitation

Recognizing and responding appropriately to:

- Shock
- Anaphylactic shock
- Electric shock
- Bleeding
- Burns and Scalds
- Choking
- Suspected fractures
- Head, Neck and Back Injuries
- Cases of Poisoning
- Foreign Bodies in Eyes and Noses
- Eye Injuries
- Bites and Stings
- Effects of Extreme Heat and Cold
- Febrile Convulsions
- Emergency Needs of Children with Chronic Medical Conditions including Epilepsy, Asthma, Sickle Cell Anaemia and Diabetes.
- Meningitis and other Serious Sudden Illness.



Paediatric First Aid Training



Pro Paediatric brought to you by



www.thefirstaidzone.co.uk
Email:
info@thefirstaidzone.co.uk

Telephone:
01425 276896
Hampshire & Dorset

Delivering high quality blended 12 hour courses; competitively priced and excellent value for money

The First Aid Zone delivers professional paediatric first aid training in a modern and unique style.

We are now able to offer a blended paediatric first aid course, which meets standards required for OFSTED, NCMA and SURESTART. Instead of spending 12 hours/ 2 days in a classroom, costly in both time and money, our blended course is great value and combines video, E-learning, with a 6 hour practical classroom course, delivered locally with an experienced paediatric first aid instructor.

Why use other expensive training providers when our paediatric courses save you TIME & MONEY?

Why choose us?

Cost effective and time saving training!

User friendly online course, completed at your leisure at home or at work.

Only 6 hours classroom time – practical and no final examination!

Free online/downloadable manual with latest first aid updates.

Local & regular training days, including evenings/week-ends.

Highly qualified instructors with relevant NHS/Early Years paediatric experience.

Free weekly video refreshers/emails to maintain first aid skills and knowledge.

Automatic certificate expiry date reminder in 3 years.

Meets requirements for OFSTED, NCMA, Surestart & Early Years Providers.

Get your weekend back with blended!

As a child care professional your weekend is a time to relax and spend time with family and friends. It can be difficult to complete two days of classroom based learning and also expensive. With blended learning Part 1 of the course is completed online at your leisure. You then attend a local 6 hour classroom course, which is practical and covers all the main paediatric topics. On completion of the course you will receive your 12 hour Paediatric First Aid Certificate, usually within a week delivered to your home!

Completing a blended course is easy!

Go to www.ProPaediatric.co.uk register and purchase the online part 1 course. Don't forget to enter "The First Aid Zone" as the corporate discount code.

Contact The First Aid Zone to register and book the classroom course; see website www.thefirstaidzone.co.uk phone or email.



The e-learning experience

Even if you have never done e-learning and are unfamiliar with computers, the e-learning course is simple and easy to navigate. You will experience one of the most advanced forms of education available. Each student is able to learn at their own pace, taking their time – the student can rewind, pause and resume – all while having a front row seat in the class! This kind of quality, self-paced education maximises retention of skills while allowing you to remain at home or work!

Group booking

If you have multiple child care professionals who need paediatric first aid training. The First Aid Zone is able to offer very competitive group rates & custom training solutions at your choice of venue and flexibility to suit your business needs. To get a quote and details for your group/organisation contact us and we will be delighted to provide a quotation.

100% Classroom Courses

We also offer two day courses that are completely classroom based. These meet the same requirements as the blended 2 day course. Go to www.thefirstaidzone.co.uk for more information.

100% Online Course

This course cannot be used for OFSTED, NCMA or Early Years Providers. However this training is suitable for parents and carers who want to be prepared for a child first aid emergency and wish to learn via an e-Learning format. Go to www.thefirstaidzone.co.uk to start today.

What people say.....

"The easiest and best paediatric first aid course I have ever done!"

The 6 hour practical course was great and the teaching was exactly what I wanted, I feel much more confident and able to deal with first aid emergencies with the children."

What people say.....

"Online learning made the course easy and I was able to learn when and where I wanted."

"The course was flexible, we learnt at our own pace, this was the most reasonably priced course I have ever done – thank you!"

What people say.....

"Very interesting and refreshing, it provided me with all the first aid information I need."

"Really good, the video clips were very helpful and all the necessary information delivered at a good pace."